



## Influenza (“Flu”)

At Apples and Honey Nightingale we have taken precautions to minimise the spread of viral infection. We have a full set of health and hygiene policies and procedures in place. Staff have access to washing facilities at all times. The Nursery is cleaned on a regular basis and areas such as door handles and toilet flushes are disinfected daily. Should there be an outbreak at the Nursery, we will provide regularly updated advice to parents via telephone contact, e-mail, and letters, up to and including nursery closure.

The current advice from the HPA is as follows:

### What measures can I take to prevent infection?

General infection control practices and good respiratory hand hygiene can help to reduce transmission of all viruses, including the human swine influenza. This includes:

- Covering your nose and mouth when coughing or sneezing, using a tissue when possible.
- Disposing of dirty tissues promptly and carefully.
- Maintaining good basic hygiene, for example washing hands frequently with soap and water to reduce the spread of the virus from your hands to face or to other people.
- Cleaning hard surfaces (i.e. door handles) frequently using a normal cleaning product.
- Making sure your children follow this advice.

Further information or details available from the Health Protection Agency [www.hpa.org.uk](http://www.hpa.org.uk) or NHS Direct on 0845 4647.

This policy was adopted at a meeting of	Date:	Apples and Honey Nightingale CIC
Held on	<hr/>	19 <sup>th</sup> December 2017
Date to be reviewed	<hr/>	19 <sup>th</sup> December 2018
	<hr/>	19 <sup>th</sup> December 2019
Name of signatory	<hr/>	Judith Ish’Horowicz
Role of signatory (e.g. chair/owner)	<hr/>	Director and Founder
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